

Week		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 01/09/15 21/09/15 12/10/15 09/11/15 30/11/15	Main	Spaghetti Bolognaise	Beef Curry with Rice	Roast Chicken & stuffing with Roast Potatoes and Gravy	Shepherds Pie with gravy	Jumbo Fish Finger with Oven Baked Chips
	Vegetarian	Vegetarian Bolognaise	Jacket Potato with Choice of Filling	Bean and Vegetable Hot Pot and Gravy	Vegetarian Shepherdess Pie with Gravy	Jacket Potato with Choice of Filling
	3rd Option	Cheese and Onion stuffed Jacket Potato	Vegetable Wrap with Rice	Jacket Potato with Choice of Filling	Jacket Potato with Choice of Filling	Cheese and Tomato Calzone
	Vegetables	Garden Peas Carrots	Roasted Seasonal Vegetables Sweetcorn	Roast Parsnips Green Beans	Carrots Broccoli	Garden Peas Baked Beans
	Dessert	Pineapple Sponge with Custard	Chocolate Sponge with Chocolate Sauce	Fruit Jelly and Ice Cream	Crunchy Plum and Vanilla Crumble with Custard	Iced Sponge
Week 2 07/09/15 28/09/15 19/10/15 16/11/15 07/12/15	Main	Chicken Sausages with creamed potatoes and Gravy	Beef Lasagne	Roast Beef with Roast Potatoes and Gravy	Jerk Chicken with Rice	Battered Fish with Oven Baked Chips
	Vegetarian	Vegetarian Sausages with Creamed potatoes and Gravy	Vegetable Lasagne	Jacket Potato with Choice of Filling	Poached Fish with Rice	Jacket Potato with Choice of Filling
	3rd Option	Jacket Potato with Choice of Filling	Jacket Potato with Tuna & Sweetcorn	Vegetable Pasty with Roast Potatoes and Gravy	Jacket Potato with Choice of Filling	Pasta with Tomato Sauce
	Vegetables	Green Cabbage Carrots	Broccoli Sweetcorn	Mashed swede and carrots Garden Peas	Roasted Seasonal Vegetables Broccoli	Baked Beans Garden Peas
	Dessert	Pear Crumble & Custard	Fruit Jelly	Apple Pie & Custard	Sponge with Custard	Syrup Sponge with Custard
Week 3 14/09/15 05/10/15 02/11/15 23/11/15 14/12/15	Main	Chicken and Leek Pie with Creamed Potatoes and Gravy	Chilli Con Carne with Rice	Roast Chicken with Roast Potatoes and Gravy	Chicken Curry with Rice	Battered Fish with Oven Baked Chips
	Vegetarian	Creamy Vegetable Pie with Creamed Potatoes and Gravy	Jacket Potato with Choice of Filling	Jacket Potato with Choice of Filling	Salmon Fish Pie	Cheese and Tomato Pizza with oven baked chips
	3rd Option	Jacket Potato with Choice of Filling	Macaroni Cheese	Cauliflower Cheese with Roast Potatoes	Jacket Potato with Choice of Filling	Jacket Potato with Choice of Filling
	Vegetables	Garden Peas Carrots	Sweetcorn & Peppers Broccoli	Cabbage Carrots	Green Beans Cauliflower	Baked Beans Garden Peas
	Dessert	Sticky Toffee Apple Crumble and Custard	Chocolate Sponge with Chocolate Sauce	Eves Pudding with Custard	Apple Flap Jack served with vanilla sauce	Fruit Jelly

Selection of at least 5 Freshly made Salads, Homemade breads, Fresh Fruit Platter and Yoghurt available daily