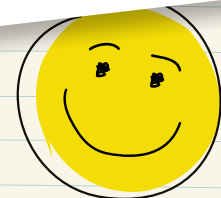


W

HAT'S FOR LUNCH THIS AUTUMN...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/lambeth
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards.**

We hope your child enjoys our new menus.



www.mycaterlink.co.uk/lambeth

Please visit the website for current updates

In Partnership with:



If you or your child have a food allergy or intolerance, please ask a member of our catering team for information. If you are a parent or guardian and your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

DISCOVERY DAYS AVAILABLE THIS TERM



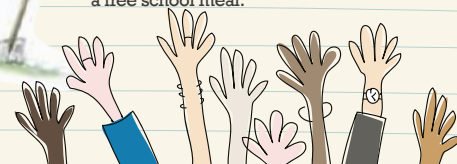
Available at participating schools only.

Is your child entitled to a free school meal? ✓

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.



FRESH
+
HEALTHY
=
TASTY



ONE

TWO

THREE

AVAILABLE EVERY DAY...

5th Sept, 26th Sept, 17th Oct
14th Nov, 5th Dec

12th Sept, 3rd Oct, 31st Oct
21st Nov, 12th Dec

19th Sept, 10th Oct, 7th Nov,
28th Nov, 19th Dec

Spaghetti Bolognaise
Vegetarian Bolognaise (v)
Cheese & Onion stuffed Jacket Potato (v)
Garden Peas & Carrots
Apple Strudel with Custard
Yoghurt / Fresh Fruit Platter

Beef Curry with Fragrant Rice
Chickpea & Sweet Potato Curry with Fragrant Rice (v)
Creamy Mushroom Pasta (v)
Roasted Seasonal Vegetables & Sweetcorn
Vanilla Rice Pudding
Yoghurt / Fresh Fruit Platter

Roast Chicken with Stuffing, Roast Potatoes & Gravy
Bean & Vegetable Hot Pot with Gravy (v)
Cheese & Pepper Whirl with Roast Potatoes (v)
Roast Parsnips & Green Beans
Fruit Jelly & Ice Cream
Yoghurt / Fresh Fruit Platter

Shepherds Pie with Gravy
Shepherdess Pie with Gravy (v)
Vegetable Risotto (v)
Carrots & Broccoli
Banana Cake with Vanilla Custard
Yoghurt / Fresh Fruit Platter

Fish Finger with Oven Baked Chips 
Bean & Lentil Burger with Oven Baked Chips (v)
Cheese & Tomato Pizza with Oven Baked Chips (v)
Garden Peas & Baked Beans
Iced Sponge
Yoghurt / Fresh Fruit Platter

Chicken Sausages with Creamed Potatoes & Gravy
Vegetable Sausages with Creamed Potatoes & Gravy (v)
Vegetable Pasty with Creamed Potatoes & Gravy (v)
Green Cabbage & Carrots
Pear Crumble & Custard

Beef Lasagne
Vegetable Lasagne (v)
Jacket with Choice of Filling
Broccoli & Sweetcorn
Fruit Jelly & Ice Cream
Yoghurt / Fresh Fruit Platter

Roast Turkey with Roast Potatoes & Gravy
Vegetable & Leek Pie with Gravy (v)
Pasta Arriabiata (v)
Mashed Swede & Carrots, Garden Peas
Eves Pudding with Custard
Yoghurt / Fresh Fruit Platter

Jerk Chicken with Rice
Quorn & Vegetable Stir Fry (v)
Vegetable Wrap with Rice (v)
Roasted Seasonal Vegetables & Broccoli
Chocolate & Beetroot Brownie
Yoghurt / Fresh Fruit Platter

Battered Fish with Oven Baked Chips 
Spanish Omelette with Oven Baked Chips (v)
Jacket Potato with Curried Beans (v)
Baked Beans & Garden Peas
Cheese & Biscuits
Yoghurt / Fresh Fruit Platter

Spicy Meat Pizza with Jacket Wedges
Cheese & Tomato Pizza with Jacket Wedges (v) 
Salmon Pasta Bake
Sweetcorn & Broccoli
Pineapple Upside Down Cake with Custard
Yoghurt / Fresh Fruit Platter

Chicken & Leek Pie with Creamed Potatoes & Gravy
Creamy Vegetable Pie with Creamed Potatoes & Gravy (v)
Jacket Potato with Cheese or Beans (v)
Green Beans & Carrots
Chocolate & Mandarin Sponge with Chocolate Sauce
Yoghurt / Fresh Fruit Platter

Roast (as advertised) with Roast Potatoes & Gravy
Vegetable Cottage Pie with Gravy (v)
Vegetable Wellington with Roast Potatoes & Gravy (v)
Roasted Seasonal Vegetables & Cauliflower
Iced Fruit Smoothie
Yoghurt / Fresh Fruit Platter

Chilli Con Carne with Rice
Vegetable Chilli (v) with Rice
Macaroni Cheese (v)
Sweetcorn & Peppers & Broccoli
Sticky Toffee Apple Crumble with Custard
Yoghurt / Fresh Fruit Platter

Fish Fingers with Oven Baked Chips 
Carrot, Courgette & Bean Sausages with Oven Baked Chips (v)
Cheese & Tomato Calzone with Oven Baked Chips (v)
Baked Beans & Garden Peas
Fruit Yoghurt & Shortbread
Yoghurt / Fresh Fruit Platter

Bread
freshly baked on site daily

Daily salad selection
there will be a selection of salad items available daily


Fresh Fruit & Yoghurt
available daily

WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**

We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

 **Vegetarian option**

 **Oily fish**

 **Marine Stewardship Council details**
Web: www.msc.org
Chain of Custody
Registration Code
MML - C 1009

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY