

ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Elm Court Summer Silver Menu 2018

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Spaghetti Bolognaise	Sweet & Sour Chicken with Rice	Roast Chicken, Roast Potatoes and Gravy	Shepherds Pie with Gravy	Fillet of Fish in Batter with Chipped Potatoes, Tomato Sauce
16 th April	Vegetarian	Vegetarian Bolognaise (v)	Salmon Fishcake with New Potatoes	Vegetable Pasty with Roast Potatoes and Gravy (v)	Shepherdess Pie with Gravy (v)	Cheese & Tomato Pizza with Chipped Potatoes (v)
7 th May	3rd Option	Jacket Potato with a Choice of Filling (v)	Jacket Potato with a Choice of Filling (v)	Jacket Potato with a Choice of Filling (v)	Jacket Potato with a Choice of Filling (v)	Jacket Potato with a Choice of Filling (v)
4 th June	Vegetables	Garden Peas & Carrots	Roasted Summer Vegetables & Broccoli	Cauliflower & Cabbage	Carrots & Green beans	Sweetcorn & Baked Beans
25 th June	Dessert	Chocolate & Beetroot Brownie with Ice Cream	Wholemeal Apple Crumble with Custard	Oaty Cookie with Yoghurt	Banana Sponge with Custard	Cheese, apple and Biscuits
16 th July						
Week 2	Main	Beef Lasagne	Jerk Chicken with Rice	Roast Turkey with Roast Potatoes and Gravy	Chicken Sausages with Creamed Potatoes and Gravy	Fillet of Fish in Batter with Chipped Potatoes, Tomato Sauce
23 th April	Vegetarian	Vegetable Lasagne (v)	Lentil and Sweet Potato Curry with Rice (v)	Cheese and Potato Whirls with Roast Potatoes(v)	Broccoli Pasta Bake(v)	Quorn Burger with Chipped Potatoes (v)
14 th May	3rd Option	Jacket Potato with a Choice of Topping (v)	Jacket Potato with a Choice of Filling (v)	Jacket Potato with a Choice of Filling (v)	Jacket Potato with a Choice of Filling (v)	Jacket Potato with a Choice of Filling (v)
11 th June	Vegetables	Garden Peas & Carrots	Carrots & Broccoli	Cauliflower & Garden Peas	Roasted Summer Vegetables & Sweetcorn	Baked Beans & Garden Peas
2 nd July	Dessert	Berry and Apple Pie with Custard	Carrot & Courgette Cake with Custard	Wholemeal Peach Crumble with Ice Cream	Cucumber and lemon Cake with Lemon Custard	Chocolate Cake with Chocolate Custard
Week 3	Main	Wholemeal Chicken and Red Pepper Pizza with Homemade Potato Wedges	Turkey Stir Fry with Egg Noodles	Roast (as advertised), Roast Potatoes and Gravy	Minced Beef and Onion Pie with Creamed Potatoes and Gravy	Fish Fingers with Chipped Potatoes, Tomato Sauce
30 th April	Vegetarian	Cheese and Tomato Pizza with Homemade Potato Wedges (v)	Macaroni Cheese(v)	Vegetable Cottage Pie and Gravy (v)	Pasta Arrabiatta(v)	Spanish Omelette with Chipped Potatoes (v)
21 st May	3rd Option	Jacket Potato with a Choice of Topping(v)	Jacket Potato with a Choice of Filling (v)	Jacket Potato with a Choice of Filling (v)	Jacket Potato with a Choice of Filling (v)	Jacket Potato with a Choice of Filling (v)
18 th June	Vegetables	Sweetcorn & Baked Beans	Cauliflower & Broccoli	Carrots & Garden Peas	Roasted Summer Vegetables & Carrots	Garden Peas & Baked Beans
9 th July	Dessert	Apple Sponge with Custard	Lemon Drizzle Cake with Ice Cream	Apple Crumble with Custard	Chocolate and Mandarin Sponge with Chocolate Sauce	Shortbread with Yoghurt



Available Daily
Bread freshly baked on site daily
Daily salad selection
Fresh fruit and yoghurt