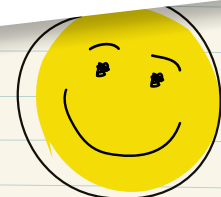


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HAT'S FOR LUNCH THIS SPRING...

caterlink
feeding the imagination



Caterlink is an award winning food service provider catering for primary schools.



We are passionate about providing your children with award winning Food for Life freshly prepared school lunches that are true to our fresh food heritage. We track down the best fresh produce and ensure it reaches each school kitchen as quickly as possible. Our chefs use RSPCA Freedom Food free range eggs, Marine Stewardship Council approved sustainable fish and Red Tractor approved fresh meat. The British countryside and its farmers need our support and we are more than happy to give it! JoJoe Crow, our friendly primary school mascot, is always out in our sponsored school kitchen gardens helping pupils learn about the benefits of a healthy diet using home grown produce.

keep in touch

Your comments are important to us and we value your feedback. Visit our informative web link: www.mycaterlink.co.uk/lambeth
email: info@caterlinkltd.co.uk
or call 01892 824604

All our menus are nutritionally analysed to ensure they meet and in most cases exceed **The School Food Standards**.

We hope your child enjoys our new menus.



www.mycaterlink.co.uk/lambeth

Please visit the website for current updates

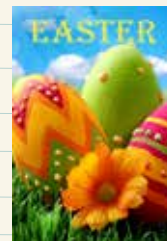
In Partnership with:



If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Forms available through our website or via the school.

DISCOVERY DAYS AVAILABLE THIS TERM



Available at participating schools only.

Is your child entitled to a free school meal? ✓

Any child in Reception, Year 1 and Year 2 is entitled to a free school meal each day, speak to your school to find out how to register. Also if you are in receipt of certain benefits your child may also be eligible for a free school meal.

FRESH
+
HEALTHY
=
TASTY



ONE

TWO

THREE

AVAILABLE EVERY DAY...

1st Jan, 22nd Jan, 19th Feb
12th Mar

8th Jan, 29th Jan, 26th Feb
19th Mar

15th Jan, 5th Feb, 5th Mar
26th Mar

Chicken & Broccoli Pasta Bake
Wholemeal Vegetable Pasta Bake (v)
Vegetable Cottage Pie (v)
Carrots & Garden Peas
Peach Crumble with Custard
Yoghurt / Fresh Fruit Platter

Beef Chow Mein, Stir Fried Vegetables & Noodles
Quorn Chow Mein, Stir Fried Vegetables & Noodles (v)
Jacket Potato with Choice of Filling (v)
Sweetcorn & Pepper Mix / Broccoli
Lemon & Cucumber Cake with Lemon Custard
Yoghurt / Fresh Fruit Platter

Roast Chicken with Roast Potatoes & Gravy
Mixed Vegetable Loaf with Roast Potatoes & Gravy (v)
Lentil & Basil Puff Pastry Turnover (v)
Roasted Seasonal Vegetables & Spring Greens
Apple, Cheese & Biscuits
Yoghurt / Fresh Fruit Platter

Shepherd's Pie
Shepherdess Pie (v)
Pasta Arrabiata (v)
Cauliflower & Carrots
Pineapple Upside Down Cake & Custard
Yoghurt / Fresh Fruit Platter

MSC Fillet of Fish in Batter with Oven Baked Chips & Tomato Sauce
Glamorgan Bean & Leek Sausage with Oven Baked Chips (v)
Vegetable & Cheese Pasty with Oven Baked Chips (v)
Baked Beans & Garden Peas
Chocolate & Orange Brownie with Custard
Yoghurt / Fresh Fruit Platter

Chilli Con Carne with Rice
Vegetable Chilli Con Carne (Soya Mince) with Rice (v)
Vegetarian Enchiladas with Rice (v)
Garden Peas & Carrots
Carrot & Courgette Cake with Custard
Yoghurt / Fresh Fruit Platter

Jerk Chicken with New Potatoes & Gravy
Wholemeal Cheese & Leek Quiche with New Potatoes (v)
Spring Vegetable Risotto (v)
Broccoli & Sweetcorn
Peach Upside Down Cake & Custard
Yoghurt / Fresh Fruit Platter

Roast Turkey with Roast Potatoes & Gravy
Vegetable & Leek Pie (Creamed Potato Top) with Gravy (v)
Cheese & Pepper Whirl with Roast Potatoes (v)
Cauliflower & Peas
Fruit Jelly & Ice Cream
Yoghurt / Fresh Fruit Platter

Chicken Curry with Rice
Lentil & Sweet Potato Curry with Rice (v)
Vegetable Pasta Bake (v)
Green Beans & Carrots
Wholemeal Apple Crumble & Custard
Yoghurt / Fresh Fruit Platter

Fish Fingers with Oven Baked Chips & Tomato Sauce
Cheese, Tomato & Spinach Frittata & Oven Baked Chips (v)
Vegetable Stuffed Jacket Potato (v)
Baked Beans & Garden Peas
Fruit Yoghurt & Shortbread
Yoghurt / Fresh Fruit Platter

Chicken Sausages with Creamed Potatoes & Onion Gravy
Quorn Vegetarian Sausages with Creamed Potatoes & Onion Gravy (v)
Creamy Salmon Pasta Bake
Carrots & Green Beans
Pear Sponge with Custard
Yoghurt / Fresh Fruit Platter

Wholemeal Chicken & Red Pepper Pizza with Homemade Cajun Wedges
Margherita Pizza with Homemade Cajun Wedges (v)
Jacket Potato with a Choice of Filling (v)
Baked Beans & Sweetcorn
Chocolate & Mandarin Sponge with Chocolate Sauce
Yoghurt / Fresh Fruit Platter

Roast of Choice with Roast Potatoes & Gravy
Potato & Courgette Layer Bake (v)
Vegetarian Wellington with Roast Potatoes & Gravy (v)
Broccoli & Carrots
Apple & Mixed Berry Crumble with Custard
Yoghurt / Fresh Fruit Platter

Beef Tortilla Stack with Rice
Macaroni Cheese (v)
Chinese Vegetarian Spring Roll with Rice (v)
Roasted Seasonal Vegetables & Sweetcorn
Lemon Drizzle Cake & Custard
Yoghurt / Fresh Fruit Platter

Fishwich with Oven Baked Chips & Tomato Sauce
Bean & Lentil Burger with Oven Baked Chips (v)
Cheese & Tomato Pizza with Oven Baked Chips (v)
Baked Beans & Garden Peas
Fruit Jelly & Ice Cream
Yoghurt / Fresh Fruit Platter

Bread
freshly baked on site daily

Daily salad selection
there will be a selection of salad items available daily

Fresh Fruit & Yoghurt
available daily


WE USE LOCALLY SOURCED INGREDIENTS WHEN AVAILABLE AND IN SEASON

All our menus are nutritionally analysed to ensure they meet and in most cases exceed The School Food Standards

We hope your child enjoys our new menus.

Menus could be subject to local change, please check your child's school for any bespoke changes.

V Vegetarian option

 Oily fish

 Marine Stewardship Council details
Web: www.msc.org
Chain of Custody Registration Code
MML - C 1009

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY